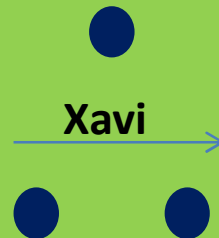




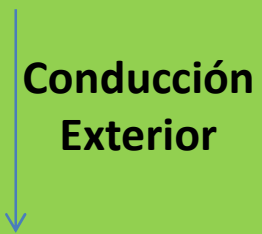
Rodillas y Brazos Altos



Sentadillas con salto



Me agacho con salto



Empuje de judo



Triangulo Delantero

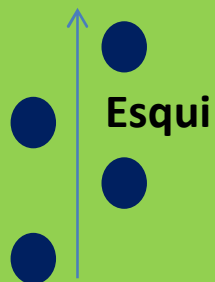


Escaladas

Triangulo Trasero



Ponerse de Puntillas



CIRCUITO DE VELOCIDAD